



Colusa County 4-H News

MONTHLY CLUB MEETINGS:

- Arbuckle 4-H – 2nd Monday, 7:00pm, Arbuckle Elementary
- Colusa 4-H – 2nd Monday, 7:00pm, St. Bernadette’s Hall, 745 Ware Ave, Colusa
- Maxwell 4-H – 1st Wednesday, 6:00pm, Maxwell Elementary multipurpose room
- Princeton 4-H – 2nd Monday, 6:30pm, Princeton High School multipurpose room
- Stonyford 4-H – 2nd Sunday, 4:00pm, Town Hall
- Williams 4-H – 3rd Tuesday, 6:30pm, Veteran’s Hall (9th & C Street)
- 4-H Council – 3rd Wednesday of every other month, 6:30pm, CIP room (begins Sept)

NOVEMBER 2009

CALENDAR:

NOVEMBER 2009

- 1-30 Year of Science 2009: Science and Health
- 1 Due: Program Enrollment fees to the 4-H Office
- 1 Due: Applications for Emerald Star to the 4-H Office
- 2 4-H Home Ec Committee Meeting, 6:30pm, CIP Conf. Rm – All Leaders & Jr/Teen Leaders (4)
- 4 Maxwell Club Meeting, 6:00pm, Maxwell Elementary Multi-purpose Room
- 6-8 State 4-H Leaders’ Forum, Asilomar
- 7 You Make-It Craft Expo, 9am-4pm, Auburn Fairgrounds (3)
- 7-8 Archery Discipline training in Modesto (3,8)
- 8 Stonyford Club Meeting, 4:00pm, Town Hall
- 9 Arbuckle Club Meeting, 7:00pm, Arbuckle Elementary
- 9 Colusa Club Meeting, 7:00pm, St. Bernadette’s Hall
- 9 Princeton Club Meeting, 6:30pm, Princeton High Multi-purpose Room
- 11 Veteran’s Day Holiday – UCCE Office closed
- 16 Scholarships Workshop, 7:00-8:30pm, CIP Conference Room (3,8)
- 16 **FINAL** New Leader Certification, 6:30pm, CIP Conference Room, RSVP
- 17 Williams Club Meeting, 6:30pm, Veteran’s Hall
- 18 Council Meeting, 6:30pm, CIP Conference Room
- 26-27 Thanksgiving Holiday – UCCE Office closed

DECEMBER 2009

- 2 Maxwell Club Meeting, 6:00pm, Maxwell Elementary Multi-purpose Room
- 4-6 State 4-H Record Book Competition, UC Davis (2,7)
- 13 Stonyford Club Meeting, 4:00pm, Town Hall
- 14 Arbuckle Club Meeting, 7:00pm, Arbuckle Elementary
- 14 Colusa Club Meeting, 7:00pm, St. Bernadette’s Hall
- 14 Princeton Club Meeting, 6:30pm, Princeton High Multi-purpose Room
- 15 No Williams Club Meeting in December
- 24-1/4 Christmas and New Years Holiday – UCCE Office closed



FINAL NEW LEADER CERTIFICATION

The final new leader certification meeting is on November 16th at 6:30pm at the 4-H Office. If you have not yet attended an orientation this is your last chance to become a 4-H leader for the 2009-10 year. Also, if you have been a leader in the past but had a break in service you MUST attend this final meeting to be a leader this year as well. Please call the 4-H Office at 458-0570 to sign up for this meeting.

SAVE THE DATE:

2010 LIVESTOCK FIELD DAY

January 10, 2010
Colusa County Fairgrounds, Barn area

2010 PRESENTATION DAY

January 23, 2010
Stonyford 4-H will host at Indian Valley School.

2010 HOME EC REVIEW

March 13, 2010
Princeton 4-H will host at Princeton High School.

YOU MAKE IT CRAFTS EXPO

Saturday, November 7, 9:00am – 4:00pm, Auburn Fairgrounds, Armory bldg. For details go to <http://ceplacervevada.ucdavis.edu> calendar event, click on calendar event to send you a reminder. This is a fun, easy way to have a craft project day all taken care of for the year. No fuss or bother for leaders except to take a carload of kids to Auburn and come home with an armload of finished crafts for gift giving and exhibiting at the Fair. For about \$20 you can do 4-6 items.

HOME EC COMMITTEE MEETING

The Home Ec Committee will have its annual meeting on Monday, November 2, 2009 at 6:30 p.m. in the CIP Conference Room. All adult leaders and Jr/Teen Leaders in non livestock projects should attend to plan the Home Ec Review and consider other non livestock projects topics.

SCHOLARSHIP WORKSHOP

Are you a senior (or junior) and need money for college? Donna Green, a "scholarship hunter" will share her secrets for success on Monday, November 16th at 7:00-8:30pm in the CIP Conference room. Pre-register by Nov. 6th to reserve your scholarship materials. This is a free workshop for 4-H members (the cost is \$15 for non-members). Seating is limited and is on a first come, first served basis, so contact the 4-H Office right away to register.

MATTINGLY MEMORIAL LIVESTOCK LOAN

At the recent Council meeting it was agreed to suspend the Ed and Josie Mattingly Memorial Livestock Loan this year. In the past two years there have been three outstanding loans still to be repaid. This loan will not be given until the three loans have been paid back. These unpaid loans have seriously reduced the money available to future members.

MAKE IT YOURSELF WITH WOOL CONTEST

The Make It Yourself with Wool Competition is requesting those who enjoy sewing and knitting projects to enter in a district contest near you, planned for October and early November. Winners will compete in state finals. If you are interested in participating, you may download a contest entry form <http://www.ca4h.org/4hresource/updates/attach/2009/Oct09/MIWW%20entry%20form.pdf> a national competition brochure is available <http://www.ca4h.org/4hresource/updates/attach/2009/Oct09/MIWW%20National%20Competition%20Brochure.pdf>, and specific contacts for the California contests are listed http://www.ca4h.org/4hresource/updates/attach/2009/Oct09/MIYWW_district_contest_information_Calif.doc. Please contact Julie Castillo at calif.wool@gmail.com for additional questions.



STATE LEADERS FORUM

“4-H Past, Present, Future”

This highly recommended conference for 4-H volunteers, held at Asilomar, Pacific Grove is Friday-Sunday noon, Nov. 6-8, 2009. You'll learn new skills,, network with volunteers and staff from other counties, and enjoy the restful atmosphere of the retreat by the sea. Scholarships and transportation are available. Go to: <http://clubs.ca4h.org/nsection>.

PLAN AHEAD

Start thinking and planning NOW about giving a presentation for 4-H Presentation Day in January. First, find a subject in which you are very interested or your main project, prepare your poster, write your talk, practice once or twice, then put it away until after the holidays. Bring it out after New Year's for a lot of practice and you'll be ready for Presentation Day, January 23, 2010 at Indian Valley School. If you need information on giving presentations download the State 4-H Presentation Manual from <http://ca4h.org/leadership/spd/index.asp>. Also the 4-H Office has helpful printed information as well.

FACILITY USE PERMITS

Remember these facility use permits need to be in place to use buildings or grounds for 4-H meetings and events. Only the County Director may sign them. For any club, project and 4-H event a request needs to be processed as soon as possible for this 4-H year. Simply bring them to the 4-H Office and we will complete the necessary paperwork to insure that your members are insured.

EMERALD STAR

Considering earning your Emerald Star? Applications are due November 1, 2009 and are available from your Key Leader or the 4-H Office. Remember to use the Colusa County 4-H specific PDR for this year as an additional set of activities are required as well as a community service project.



4-H SHOOTING SPORTS WORKSHOPS

Rifle Discipline in Atascadero, CA
Saturday, Nov. 14, 2009 – 8:00 am – 6:00 pm
Sunday, Nov. 15, 2009 – 8:00 am – 4:00 pm
A 4-H shooting sports workshop for the rifle discipline will be held at the Santa Lucia Sportsmen's Association Facility in Atascadero. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. There is no cost for the course. To register for the course and receive more information contact John Borba at: jaborba@ucdavis.edu
For information about the facility and a map, please visit the range website at: <http://santaluciasportsmen.org/>

Rifle Discipline in Tulare, CA
Saturday, Jan. 9, 2010 – 8:00 am – 6:00 pm
Sunday, Jan. 10, 2010 – 8:00 am – 4:00 pm
A 4-H shooting sports workshop for the rifle discipline will be held at Rankin Field Range, 20000 Road 140 in Tulare. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. There is no cost for the course. To register for the course and receive more information contact John Borba at: jaborba@ucdavis.edu
For information about the facility and a map, please visit the range website at: http://www.tcdsa.org/documents/rankin_field.htm

STATE FAIR DATE CHANGE

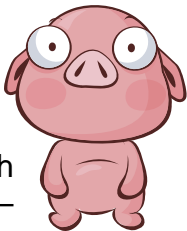
The California Exposition & State Fair board of directors today voted to change the California State Fair dates to July, starting in 2010. The 2010 California State Fair is now tentatively scheduled to run for 19 days from Wednesday, July 14 to Sunday, August 1.

COLUSA SWINE MEETINGS

The Colusa Swine meetings are scheduled for:

- November 18, 2009
- January 20, 2010
- March 17, 2010

They will be held at the Colusa School District Office at 745 Tenth Street and will be from 5:30 – 6:30pm. If you have questions please call Shannon Laux at 713-7114 or Heather Hamilton at 300-7229.



fun! The display is located at Cy Hawkins Insurance Agency at the blinking red light. Please stop to take a look and thank them for being so generous with their window space, year after year. We hope you like it!

NATIONAL JR. ANGUS SHOW

Submitted by: Hailey Traynham

On Saturday, August 22, I attended the California Jr. Angus Association meeting held during the California State Fair. We discussed all of the Jr. contests that will be offered at the 2010 National Junior Angus Show which will be held in Denver Colorado. There are all kinds of competitions available to participate in. You can enter posters, photographs, designs or compete in speaking, fitting, and knowledge contests. We were all given an information packet and entries for the events. After the meeting some of us went to the water park at the State Fair. I had a lot of fun and learned about some contests I can enter.



CLUB AND PROJECT REPORTS

MAXWELL CLUB REPORT

Submitted by: Maureen LaGrande

October 4th was Achievement Night for the Maxwell 4-H Group with James Swiggum and Liz Dawley there to cheer us all on. We were proud of each and every members efforts and successes. Everyone was reminded that the Christmas Wreath Fundraiser is the only money maker for our Club. Please support us by treating yourself and your loved ones to an order of a lovely, festive wreath. Our National 4-H Week Window Display is still to be judged so...keep you fingers crossed! Community Service Clean-Up of our football field will happen after the 10/23 game, hope to see you there. Record Book assistance will be available at the end of the next Club Meeting for members wishing for help, so bring your book. The night was sweet right down to the last bite of cake!

MAXWELL WINDOW DISPLAY

Submitted by: Maureen & Theresa LaGrande
Brainstorm! Draw, cut, paste! Think, design, arrange! Rearrange!

After getting together twice, the Maxwell 4-H Club Window Display Committee, for National 4-H Week, was ready to show off their creative talent, on Wednesday, September 30th. One step at a time we put together a display that shows how we will “Meet the Future”, which is this years theme.

We focused on being involved, striving to accomplish goals, and enjoying the rewards that come with hard work. Best of all, we had

2009 COLUSA COUNTY 4-H CAMP

Submitted by: Nilah Pearson

On Sunday, July 12, 2009 I along with other 4-H members attended the 2009 Colusa County 4-H Camp. The theme for this year was “Bait it, Cast it, Catch it”. At 4-H camp we earned our fishing proficiencies, different activities, and much more. For proficiencies we learned how to make spinners, how to tie our line to the hook, put our weight on the line, how to identify fish, how to make your own bait, what you should take with you on a fishing trip, rules that apply to taking care of the lakes, how to cast, and how to cook fish. We did other things like learn new arts and crafts, archery, recreation and we also did fun games at campfire. I had a lot of fun and want to do it next year too.

MAXWELL COMMUNITY SERVICE

Submitted by: Cheyenna Newman

On Friday, September 25, Candace Newman, Audrey Pearson, Nilah Pearson, Carli Costa, Nicole Robledo, Kendall Wilson and myself helped pick up trash after the football game. I enjoyed helping out.

ADOPT-A-TROOP

Submitted by: Bryce Perry



It's a new 4-H year and now that everyone is back in the swing of things, I wanted to tell you about my Emerald Star project. My name is Bryce Perry and I am from the Maxwell 4-H Club. This year I am trying to achieve my Emerald Star. For my project I am continuing with

the Adopt-A-Troop community service that Josh Brown did last year. I will be collecting items to ship to the soldiers overseas to let them know that we are thinking about them and to thank them for all they do for us. I think it is a really good community service and it helps their moral. I'm asking for everyone's support by donating items for this project. I have included a list of recommended items that can be shipped. I have a few names but if anyone else has names they can let me know and I will make sure they get a care package also. I'm trying to send out a least one box each month hopefully more depending on the amount of the donations that come in. If anyone has questions or donation you can contact me at 438-2589. I would like to thank everyone in advance for their help and support with my project. Below are some recommended items for donating:

Crackers, ground coffee, beef jerky/Slim Jims, powdered drink mix, sunflower seeds, pumpkin seeds, nuts, protein bars, chap stick, hot chocolate packets, sunscreen, herbal teas, wipes (travel size), hand sanitizer (travel size), gum, pretzels, licorice, microwave popcorn, candy, game books, playing cards, cookies, magazines, dry soup (Ramen noodles/Cup-O-Soup, books (soft cover), instant oatmeal packs, deodorant (travel size), tissues (travel size), breath mints, cotton swabs, Rice Krispie Treats (store-bought only), cereal (small individual boxes), batteries (AA, AAA, C and 9 volt are most requested), tuna or chicken salad (in foil pouch kits – no cans), money to help with the cost of shipping, cards and letters. **NO GLASS CONTAINERS, HOME BAKED FOODS, AEROSOL CANS OR CHOCOLATE!**

I am also still collecting cell phones for "Cell Phones For Soldiers" if anyone has any old cell phones to be recycled please let me know. This will be my third year of collecting cell phones. In the past two years I have been able to ship over 20 boxes to be recycled. The money made from recycling has been used to purchase pre-paid calling cards, which are given to the soldiers so they can call home. Thank you for all your donations!

MAXWELL SHEEP GROUP

Submitted by: Searah Robertson

On Sunday, September 13th the lamb group went to Annie's house. We went over what we were going to try to achieve this year and I did a presentation on important sheep facts. Then, Cristy brought 10 lambs down and a few of us showed them while Kaily told the group what we were looking for in our market lambs. At the end of the meeting we all went over our record books and what we had covered at the meeting. I had a lot of fun and thought it was very educational.



ACHIEVE AND SUCCEED!

Submitted by: Mary Marsh

The Arbuckle 4H Club held its annual Achievement Night on Monday October 19th. We honored members for last years' many achievements in their projects. Pins and stripes were given to each member for their years in 4H. Many members received awards for their record books, being leaders, livestock judging, being skilled in their different projects and for public speaking. In 4H, stars represent extensive involvement in 4H at all levels. Bronze stars were awarded to Hilary Brainard, Jessica Croxson, Wyatt Croxson, Molly Doherty, Josh Lohman, Madisyn Lohman and Sarah Marsh. Silver stars were earned by Sarah Driver and Cody Murphy. After the awards were distributed, we stuffed our faces full of desserts at the dessert potluck! Designs were also submitted for the Tee Shirt Design Contest sponsored by the Leadership group. We still don't know the results from that, but I promise I'll tell you as soon as possible!

PINK, PENNIES, PENS AND POULTRY!

Submitted by: Mary Marsh

Many Arbuckle 4-H members wore pink and we held a penny drive in honor of breast cancer awareness at our October meeting on Monday the 12th. Plans are underway for our achievement night being held at 6:30 PM on the 19th. It will be a dessert potluck honoring members receiving awards based upon last years' work. A tee-shirt design contest will be held immediately after dessert. Get your markers ready because the winning design will be used on tee-shirts and sweatshirts sold by the Leadership group as a fundraiser for fees for leadership conferences.

Some project meetings have already begun! We heard from the canning group, the dog care and training group, the rabbit group and the poultry group. The poultry group sounded

like it was pretty fun since they *actually washed their chickens!* Not quite sure how to wash a chicken, but I sure hope no one got pecked! We are still looking members to help on the Community Clean-Up Day on October 24th. Just call Adrian and she will point you in the right direction. We also decided to continue and help out with making arrangements for refreshments at our monthly club meetings.

Don't forget to dress up for your future career for our November meeting! Also, be sure to bring non-perishable foods for the Colusa County Food Basket Association. One last thing – bring a one inch binder and a parent because we will be going over club by-laws, requirements and general expectations for 4-H membership. You are going to need that binder to help keep it all organized. Talk to you next month!

INFORMATION FROM THE STATE 4-H OFFICE:

FOR STATE CALENDAR OF ACTIVITIES GO TO: <http://www.ca4h.org/4hinfo/calendar/>

"What's in YOUR Closet?" the **4-H State Fashion Revue**, will be Saturday, **May 29, 2010** as part of State Field Day at UC Davis. For counties and families planning their calendars, online registration will be due by May 10. Be sure to pick up a copy of Simplicity pattern # 4762, which is our Challenge Vest pattern. All 4-H members and adults are encouraged to participate in a new service activity, Hats Off for Kindness. Create a soft hat for a cancer patient by sewing, knitting, or crocheting. Please leave off floppy flowers, hard edges or attachments. For pattern ideas check out <http://brimmingwithlove.com/patterns.html>. All hat makers are invited to model their creations on stage before the SFR fashion show, but if you are a SFR participant you'll need a substitute model. We hope to collect at least 250 hats. For Hats Off information contact Rachael Gross at kandragross@sbcglobal.net. For State Fashion Revue information, contact Sue Moore samoore@ucdavis.edu or see <http://ca4h.org/projresource/fashion/>.

Youth Garden Grants offers awards for schools and community organizations with child-centered garden programs. The National Garden Association helps youth learn vital life lessons from working in gardens and habitats. Priority is given to programs that emphasize: nutrition or plant-to-food connections; environmental awareness/education; entrepreneurship; and the social aspects of gardening. Applicants must plan to garden with at least 15 children between the ages of 3 and 18 years. Applications are due by **November 2, 2009**. For more information, please visit <http://www.kidsgardening.com/YGG.asp>

Dates have been set for **2010 State 4-H Horse Events**. The State 4-H Horse Classic - Educational Contests will be held **April 24 & 25 at Reedley College, Reedley, CA** (southeast of Fresno). The **Championship Horse Show** will be held at the Santa Cruz County Fairgrounds in Watsonville on **Thursday, June 24 thru Sunday, June 27**. Tentatively, the English classes and Over Fences will be held on Friday, Western classes on Saturday and Gymkhana on Sunday. More information will be available by December 1st on the web site at <http://ca4h.org/projresource/horse/>.

My Own Book (www.myownbook.net) is a non-profit organization dedicated to spreading the joy of reading. It was started three years ago and now distributes over 24,000 books nationwide to less fortunate children. We'd like to see 4-H clubs and groups across the state involved in the My Own Book project. If you are interested for your club, let us know. We can supply books to hand out as well as ideas for a year of fun with members of all ages. This is a great way to reach out to other children in the community. Please contact Brady and Kyle Baldwin at kyleandbrady@myownbook.net for more information.

The **California International Exchange Program** will offer **outbound programs** to Australia, Costa Rica, and Japan during the summer of 2009. Applications will be accepted until **January 15, 2010**. An interview with the California 4-H International Exchange Coordinator, Pat English, is required. For more information contact Pat English at: pnenglish@ucdavis.edu or 530-754-8520.

The **Junior Master Gardener program** has offered a Recognition Certificate for JMG groups to earn this fall. The certification will be in **Building a Vegetable Garden**. Students will experience hands-on learning as they participate in all aspects of gardening. There is no cost to register your JMG group. If you are in need of a Level One JMG Teacher Guide, you can start register and order one by visiting <http://67.59.137.247/index.cfm?did=2035§ionID=2017>

4-H members are invited to participate in the **Fur and Feathers show**, a small animal breed show and showmanship event, planned for **January 16, 2010**. Entry deadline is **December 15, 2009**. The event is for 4-H members statewide in Cavy, Poultry and Rabbit projects. You may contact Jenean at bass@roadrunner.com for questions.

For those who are planning on attending **2010 Citizenship Washington Focus**, be sure you get your application into your county 4-H office so that staff can enroll you on-line by **November 5, 2009**. The State 4-H Office must commit actual numbers to the National 4-H Center soon after. Sometimes we are able to secure additional space after the contract is signed, but there is no guarantee. Financial assistance is available for this program for members who could not afford to attend without help. More information and registration forms are available at: <http://ca4h.org/citizenship/dcfocus/>.

On-line registration for the **2010 California Focus Program** is available now and is due on **January 15, 2010**. 4-H members and leaders come together to run their own state government in the fictitious state of Sierra Cascade. Delegates draft legislation, participate in a mock trial, and run for office. Then participants interact with their legislators, court officials, and those close to current issues. Financial assistance is available for this program for members who could not afford to attend without help and the Young Civic Leader Scholarship is available for teens with an outstanding leadership and community service record. More information and registration forms are available at: <http://ca4h.org/citizenship/focus/>.

Dates have been set for the **2010 Citizenship Focus Program**. Come participate in hands-on programs that bring government and policy issues to life and help you get involved in your own community.

California Focus June 25-29, 2010
<http://www.ca4h.org/citizenship/focus/>

Washington Focus I

Road to Democracy, June 27-July 5, 2010
Heritage Trail, I June 27-July 3, 2009

Washington Focus II

Global Journey, July 11-21, 2010
Heritage Trail II, July 11-17, 2010

<http://www.ca4h.org/citizenship/dcfocus/>

For more information, contact Pat English at pnenglish@ucdavis.edu or 530-754-8520.

The California **4-H Youth Development Program** offers inexpensive **curriculum** for 4-H volunteer leaders and members through ANR Communication Services. Please check out the catalog on-line at: <http://anrcatalog.ucdavis.edu/>. Browse through the collection by clicking on 4-H Youth Development in the "Browse Menu" to the left. Items can be ordered on-line.

A free professional development training opportunity is available for those involved with youth development programs focusing on healthy living concepts. The two-day trainings, "**Fresh Fruits and Vegetables: A Centerpiece for a Healthy School Environment**" will be held in several location across California. You may visit: <http://www.lifelab.org/ffv.php> to register today. Click [here](#) for the full training flyer. For any questions, contact Deborah Beall at dbeall@cde.ca.gov.

The **Prudential Spirit of Community Awards Program** is currently seeking applications to nominate and recognize 4-H members in grades 5-12 for their volunteer activities in the last year. 4-H participants may apply online at <http://spirit.prudential.com>. The access key for applications is: **spirit**. Top high school and middle level volunteers will receive silver medallions, \$1,000 awards and a trip to Washington, D.C. All applications must be completed, printed out, signed and submitted to your county 4-H office by **November 2, 2009**.



NOVEMBER BIRTHDAYS •••••

- OTTO CHRESTENSEN • NATALY HERNANDEZ •
- KOLBY STEIDLMAYER • GARRETT BRAINARD •
- WYATT PERRY • FAWN CLEMENTS • SOPHIA
- MORESCO • HANNAH PEELER • BRAYDEN
- STEIDLMAYER • PEYTON SCHMIDT • WYATT
- CRINER • BRANDON SMITH • LAUREN ORNBAUN

Liz Dawley
Program Rep.

Mike Murray
County Director

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