



Colusa County 4-H News

MONTHLY CLUB MEETINGS: (Starting in September)

- Arbuckle 4-H – 2nd Monday, 7:00pm, Arbuckle Elementary
- Colusa 4-H – 2nd Monday, 7:00pm, St. Bernadette’s Hall, 745 Ware Ave, Colusa
- Maxwell 4-H – 1st Wednesday, 6:00pm, Maxwell Elementary multipurpose room
- Princeton 4-H – 2nd Monday, 6:00pm, Princeton High School multipurpose room
- Stonyford 4-H – 2nd Sunday, 4:00pm, Town Hall
- Williams 4-H – 3rd Tuesday, 6:30pm, Veteran’s Hall (9th & C Street)
- 4-H Council – 3rd Wednesday of every other month, 6:30pm, CIP room (begins Sept)

CALENDAR:

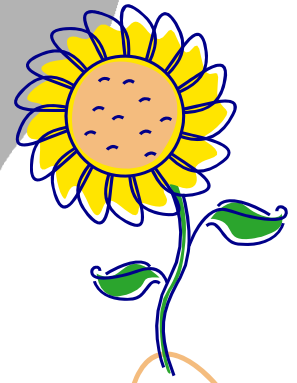


SEPTEMBER 2009

- 1-30 Year of Science 2009: Biodiversity and Conservation
- 1 Due: registration for State Leaders’ Forum
- 2 Maxwell 4-H Club Meeting, 6:00pm, Maxwell Elementary multipurpose room
- 7 California State Fair ends (2,4,6,7)
- 7 Labor Day Holiday: UCCE Office closed
- 11-13 WHY Conference, Camp Tehama
- 14 Arbuckle 4-H Club Sign-up Night & Meeting, 7:00pm, Arbuckle Elementary
- 14 Colusa 4-H Achievement Night & Club Meeting, 7:00pm, St. Bernadette’s Hall
- 14 Princeton 4-H Club Sign-up Night & Meeting, 6:00pm, Princeton High School multipurpose room
- 15 Williams 4-H Club Meeting, 6:30pm, Veteran’s Hall
- 15 Due: applications for California 4-H Service Learning RFP & Bob and Pat Dean Memorial Fund
- 16 4-H Council Meeting, 6:30pm, CIP Conference Room
- 19 3rd Annual Kids Culinary Convention and Conference
- 20 Stonyford Sign-up Night, 4:00pm, Town Hall
- 26 New Leader Certification, 10:00am – 11:30am, CIP Conference Room
- 30 Due: applications for State 4-H Computer Corps & National Conference
- 30 Due: State 4-H Record Book Contest Judge’s Applications

OCTOBER 2009

- 1-31 Year of Science 2009: Geosciences and Planet Earth
- 3 Sectional Council meeting, Sutter County UCCE Office
- 4-10 2009 National 4-H Week
- 6 New Leader Certification, 6:30 – 8:00pm, CIP Conference Room
- 7 4-H National Youth Science Day
- 23 State 4-H Record Book Competition – BOOKS DUE



FOR STATE CALENDAR OF ACTIVITIES GO TO: <http://www.ca4h.org/4hinfo/calendar/>

SIGN-UP AND ACHIEVEMENT NIGHTS:

(Check with your Key Leader if your clubs sign-up night has passed)

ARBUCKLE – Sign-up on September 14th, Achievement TBA

COLUSA – Sign-up on August 24th, Achievement on September 14th

MAXWELL – Sign-up on August 24th, Achievement on October 7th

PRINCETON – Sign-up on September 14th, Achievement on October 12th

STONYFORD – Sign-up on September 20th, Achievement on October 11th

WILLIAMS – Sign-up on August 25th, Achievement on October 20th

COUNTYWIDE PROJECTS OFFERED

All members and leaders in countywide projects must list them on their enrollment forms. Members must confirm their spot with the project leader. Project Leader must get list from county office to insure all enrollment is complete.

Outdoor Cooking- Don Litchfield/Carolee Ornbaun, Members must call 4-H Office to reserve a spot in the class. First 20 to call get a seat, those beyond 20 will be placed on a waiting list and they will be taken in order if seats become available.

Hi 4-H – Cristy Edwards: 586-0717. Cristy invites any high school members in Colusa County and is flexible with their schedules. Once everyone is enrolled 3-4 activities will be planned. This is a really good project for high school age children who are willing to focus on community service as well as have a lot of flexibility and be with their own age group in their project. (group will meet in various towns to accommodate members.)

Miniature Horses – Dale Martini, 10 members max.

Welding (Fall), Small Engines (Spring) and Floriculture – Cindy Rohde (Welding is not offered by Jeff Knight this year.)

Taxidermy – Brent Nobles: 632-2417, takes members 12 and older, they may start as soon as their enrollment is complete in the 4-H Office.

ENROLLMENT FORMS

The state program continues to use the 4hOnline system. This year Princeton 4-H Club will pilot the club level electronic enrollment computer program under the guidance of the county office. Princeton members will enroll using hardcopy and the enrollment leader will enter the enrollment in the computer. All other clubs will fill out hardcopy and the county office will enter your enrollment electronically.

New: returning members and leaders will re-enroll with a pre-printed form on which they make changes to update, ie: phone numbers, email and projects. You must still complete original medical, code of conduct, and liability forms. New members and leaders will be given a blank form to fill out. After you receive the forms, please complete them entirely and return them to your Key Leader with enrollment fees. Adult fees are \$6.00 and member fees are \$30. Enrollment cannot be accepted until all information and payment are received.

All Leaders: It is recommended if a leader has a break in service for a year they enroll anyway so to avoid having to go through certification next year. All adults must do the complete recertification process if there is any break in service.

All members in Leadership: It is a best practice that all Jr/Teen Leaders enroll in the Leadership Project for a well rounded, in-depth leadership development. This is contingent upon the availability of a leader for the project.

NEW LEADER ORIENTATION

DATES SET:

- Saturday, September 26th at 10-11:30am **NEW**
- Tuesday, October 6th at 6:30-8pm
- Monday, November 16th at 6:30-8pm

Are the dates for the only three new leader orientations. All meetings will be held in the CIP Conference Room. New leaders need attend only one of these orientations, have fingerprint clearance, complete enrollment and pay \$6.00 in order to be a 4-H volunteer. **Also new this year, those who rsvp by the day before the meeting will have project related materials to take home, ie., Clover Safe Notes, proficiency and curriculum for their project.**

NATIONAL 4-H WEEK

October 4-10, 2009

Any 4-H club or group that plans to have a window display or activity during National 4-H Week needs to contact the 4-H Office in order to be judged. The theme this year is "Celebrating 4-H".



VOLUNTEER ENROLLMENT

The 4-H Youth Development Program of the University of California is committed to providing a safe environment for young people involved in Cooperative Extension activities. All volunteer leaders are required to fill out a leader enrollment card (each year), be fingerprinted for a background check and attend an orientation meeting one time only, (unless there is a break in service.) If a volunteer plans to take a year off they are encouraged to enroll and pay the \$6.00 fee so they do not need to re-do orientation and fingerprinting the following year. Any adult chaperoning an event (camp, SLC, etc.) must sign up as a 4-H leader and go through the process prior to the event.

We are asking each of you to recruit one new leader. We know everyone is busy so encourage them to take the team approach.

Two or three leaders can share the six hour minimum project requirement, making their time commitment for a project not as demanding. Without our volunteer leaders, the projects available will decrease and so will our enrollment. Let's all help to keep our youth in Colusa County involved in this worthwhile program.

EMERALD STAR

It's time to start planning Emerald Star projects. The Emerald Star is an optional award between Gold and All Stars. The member obtains a Personal Development Report (PDR) form from the 4-H Office. In order to achieve the Emerald Star the member does a community service project in addition to performing PDR requirements from the Emerald Star column. Note: the PDR form from the state 4-H site does not work for this star award. Emerald Star Project Plans are due in the 4-H Office on November 1st.

WHY CONFERENCE

"Reach for the Stars, Lighting the Path to Leadership" is the theme for this year's **We Help Youth Conference**, hosted by Glenn County 4-H. Members in 6-12th grade are encouraged to attend September 11th through 13th (arrive between 5:00 – 7:00 pm on Friday). Please contact Deanna Rogers, Glenn County 4-H Program Representative, for more information at drogers@ucdavis.edu or 530-865-1100.

STATE LEADERS FORUM

"4-H Past, Present, Future"

This highly recommended conference for 4-H volunteers, held at Asilomar, Pacific Grove is Friday-Sunday noon, Nov. 6-8, 2009. You'll learn new skills, network with volunteers and staff from other counties, and enjoy the restful atmosphere



of the retreat by the sea. Scholarships and transportation are available. Registration is due **September 1st**. Go to: <http://clubs.ca4h.org/nsection>.

WILLIAMS CLUB 2009-10 OFFICERS

President: Wyatt VanFleet
Vice President: Mack VanFleet
Secretary: Courtney Carter
Treasurer: Chase Alvernaz
Reporter: Fallon Freed
4-H Flag: Erik Knight
American Flag: Myranda Oviedo
Sergeant at Arms: Hunter Ortiz
Rylee Coder

STONYFORD CLUB 2009-10 OFFICERS

President: Sarah McCabe
Vice President: Drex Minto
Secretary: Kayla Bernard
Treasurer: Kendall Olson
Reporter: Janea Cameron
Sergeant at Arms: Sebastian Joerns

PRINCETON CLUB 2009-10 OFFICERS

President: Jacob Chrestensen
Vice President: Amanda Britt
Secretary: Macy Reamer
Treasurer: Matthew Reamer
Reporter: Jules King
Sergeant at Arms: Kyle Wills
Recreation: Otto Chrestensen

CALIFORNIA STATE FAIR

August 21st – September 7th

Members exhibiting at the fair are encouraged to report to 4-H Office, 458-0570, their results to be published in the Colusa County 4-H News.



SEPTEMBER 16TH COUNCIL MEETING

Colusa County 4-H Council meets at 6:30 p.m. in the CIP Conference Room the third Wednesday of September, November, January, March and May each year. All certified volunteers and members are voting members of council. All parents and interested parties are invited.

Agenda items must be turned in by Tuesday noon the week of the meeting. September items are budget, 4-H Program Rep. salary support, record books, State Leadership Conf. report, camp report, Fair report, 2009-10 plans.

SEPTEMBER BIRTHDAYS!

• **DAMIAN CORONA** • **FALLON FREED** •
• **EMILY PEARSON** • **BRANDON VACA** •
• **BLAKE AZEVEDO** • **CARISSA CABRAL** •
• **EMILY MOBLEY** • **BO CHERRY** • **JOSHUA** •
• **BROWN** • **JUSTIN CHARTER** •
• **SEBASTIAN JOERNS** • **KARLIE TALBOT** •
• **KODIE SOLIS** • **DONNIE MANSON** •

CLOVER SAFE NOTES

A binder containing all safety notes is available in the county office library for checkout. New and returning leaders are encouraged to use these handy one page safety briefings in their projects. This is also available online: <http://ucanr.org/4hvolunteers> then click on Clover Safe.

CURRICULUM FOR LEADERS

The 4-H Office received free curriculum over the summer and it is available for 4-H leaders' use in their projects. Curriculum includes a ton of food, gardening, citizenship, animal science, health and so much more. Please contact the 4-H Office for a list of available curriculum and to reserve your copy.

CONCERTS FOR KIDS

The San Francisco Symphony presents a variety of concerts and events for the 2009-10 season. They offer weekday concerts for school groups, weekend concerts, and training workshops. For more information contact The San Francisco Symphony at (415) 864-6000. Also, visit www.sfskids.com the Symphony's online destination for kids.



4-H ARCHERY SHOOTING SPORTS LEADER CERTIFICATION

A shooting sports training workshop for the archery discipline will be held in Modesto, CA on Saturday, November 7, 8 AM - 4 PM and Sunday, November 8, 8 AM - 2 PM. Upon successful completion of the course, participants will be certified as archery volunteers and can instruct archery club projects and camp programs. Attendance at both days is required. The course will be held at the Stanislaus County Ag Center, Harvest Hall Room E, 3800 Cornucopia Way, Modesto. The cost will be \$25 and includes lunch, snacks, and class materials. For more information, contact Dan Burner 209-874-2732 (evenings) or dan_burner@yahoo.com. Fees are due by October 23, 2009 and can be submitted to Dan Burner, P.O. Box 829, Waterford, CA 95386.

2009 STATE LEADERSHIP CONFERENCE

Submitted by: James Swiggum – All Star
This year's State Leadership Conference was a blast! Between the workshops, making new friends, the assemblies, and the evening activities there wasn't a time at SLC when I wasn't having fun. This year's theme was "It's a BIG DEAL" and let me tell you, it was. From Video Game Design to Icebreakers, from leadership workshops to basic machines, SLC has everything! Game Design was fun for everyone, especially those who didn't know a thing about it, it was just a fun thing to learn. The Leadership and Icebreaker workshops are just plain fun. The basic machine workshop really brought out the creativity in everyone. The really overhauled the educational workshops this year. In the past they were a time to sleep, now they are all interactive and engaging both physically and mentally. There are so many people to meet at SLC! This year I was able to meet people from all over the state. From Nevada County to Orange County and everywhere in between, I met amazing people that were all having a blast at SLC! The Assemblies were amazing. With really inspiring motivational speakers that were so diverse, there was an ex pro football player, a mime,

and a woman who beat all the odds to get her doctorate to give back to 4-H and her community. The evening activities were so much fun too! There was recreation for two nights with giant games, football, and soccer, and on the last night there was a really amazing dance. There is just so much about State Leadership Conference that it just can't be fit into an article, it needs its own newsletter! If you haven't been to State Leadership Conference you should, it's really fun.

STATE 4-H RECORD BOOK JUDGING

The State 4-H Record Book Judging applications are due to the State 4-H Office by September 30, 2009. You may visit <http://www.ca4h.org/4hresource/ir/recordbook/> for more information.



HOME EC TOUR

Participants:

Andrea Thomas, James Swiggum,
Sarah Driver, Caitlyn Murphy,
Maureen LaGrande, Courtney
Carter, Jessica Godinez, Cody
Murphy, Nilah Pearson,
and Jenna Godinez

INFORMATION FROM THE STATE 4-H OFFICE:

Youth ages 10-15 are invited to attend the **3rd Annual Kids Culinary Convention and Conference, September 19, 2009** in Sacramento, CA. Youth and parents may register starting Aug. 15. The conference is an opportunity for youth to experience and learn about food, from preparation, hands-on cooking to the benefits of healthy eating habits. Visit: <http://www.jrchefcentral.com> for more information.

Mark your calendars for the **State 4-H Equine Field Day at UC Davis for October 3 or 10**. It will be a partnership with the UCD Animal Science department and UCD Horse Day. More details to follow at <http://ca4h.org/projresource/horse/>.

4-H club support funding is available through the **Bob and Pat Dean Memorial Legacy Fund** for California 4-H members or volunteers. Funding is intended for activities that meet the following criteria: 1) enable youth to develop citizenship, leadership, or life skills; 2) support the development of new and innovative 4-H projects benefiting 4-H members; 3) increase public awareness of the 4-H Youth Development Program; 4) expand the reach of the 4-H Youth Development Program (new youth, new audiences); 5) provide continuing benefits to the applicant's local 4-H Club or project. Application information is available at: <http://www.ca4h.org/citizenship/funding/>. Applications are due **September 15, 2009**.

Zine-a-thon Contest: Tell an entire science story in art and text on a single 8.5 x 11 sheet of paper folded to make a mini-magaZINE. You can zine about anything in science -- from pigeons to earthquakes to neutrinos as long as they are aligned with one of the Year of Science themes. One top zine contributor will receive a \$500 grand prize and two will receive \$250. **Zines are due November 1, 2009**. More information is available at <http://www.yearofscience2009.org/about/zine-contest.html>

Youth Garden Grants offers awards for schools and community organizations with child-centered garden programs. The National Garden Association helps youth learn vital life lessons from working in gardens and habitats. Priority is given to programs that emphasize: nutrition or plant-to-food connections; environmental awareness/education; entrepreneurship; and the social aspects of gardening. Applicants must plan to garden with at least 15 children between the ages of 3 and 18 years. Applications are due by **November 2, 2009**. For more information, please visit <http://www.kidsgardening.com/YGG.asp>

An updated online and searchable **4-H Handbook** was released on July 1, 2009. You can find it on the California 4-H Website. You can expect additional support documents throughout the year. Here are three new enhancements:

- Electronic Check Conversion Frequently Asked Questions ([link](#)) - provides an overview of the electronic check conversion process and how to review monthly bank statements that contain checks that have been electronically converted.
- 4-H YDP Petting Zoos and Interactive Animal Displays Frequently Asked Questions ([link](#))- provides answers to safety resources and insurance coverage for these activities.
- 4-H YDP Shooting Sports Handbook ([link](#))- provides updated guidance to the 4-H YDP shooting sports project and activities.

"What's in YOUR closet?" Planning has begun for **2010 State 4-H Fashion Revue**, to be held during the State 4-H Field Day at UC Davis! We'll have new, exciting activities, so join us by serving on the State Fashion Revue Committee. Needle Arts will not be offered this year, but Traditional, Consumer Science-Purchased, Wearable Art and Recycled categories remain in addition to our new 2010 Challenge. The **Challenge pattern is Simplicity #4762, a vest that can be customized to fit your needs**. Is it a formal vest or a durable one for fishing or hunting? Need extra pockets? Leather trim? Vests can be made for girls with a few simple adjustments and can coordinate with many different outfits. Use your imagination to create a masterpiece for State Fashion Revue. For information go to <http://www.ca4h.org/projresource/fashion/> or contact samoore@ucdavis.edu.

Do you have experience and interest in computers, the Internet, digital photography, GPS/GIS, or other tech area? Join the **2009 California 4-H Computer Corps!** The 4-H Computer Corps increases the use and awareness of computer technology in the California 4-H Youth Development Program. 4-H members, age 15-19, 4-H volunteers and staff may apply by **September 30, 2009**. More information is available at <http://ca4h.org/wrp/compcorps/>.

4-H Participation Makes a Difference! Those of us involved in the 4-H YDP have long known that participation in 4-H programs makes a difference in the lives of youth. Now we have evaluation data that supports these long held claims. Data collected in a national longitudinal study of 4-H and non 4-H youth provides strong evidence that when the strengths of youth are aligned with healthy positive youth development practices youth thrive.

Here are some of the highlights of the national study:

- Youth who were in 4-H for at least one year by eighth grade were 3.5 times more likely to contribute to their families, themselves and their communities.
- 4-H youth ranked 41% lower in risk/problem behaviors measures than youth who participated in other out-of-school time activities.
- 4-H youth were more behaviorally and emotionally engaged in school.
- Youth who participated in 4-H at least twice per month:
 - Showed greater confidence
 - Reported higher grades
 - Were 1.6 times more likely to plan to go to college
 - Scored higher on civic identity and engagement measures
 - Had a greater ability to express opinions on community issues
 - More likely to help neighbors and bond with adults and teachers
- Youth who participate in 4-H are more likely to participate in science, engineering, and technology activities, projects and programs, and:
- Report they plan to take science, engineering and technology courses after high school
- Pursue careers in science, engineering and technology
- Perform higher than their peers in science and engineering subjects

*The 4-H Study of Positive Youth Development <http://ase.tufts.edu/iaryd/> ; waves four, five and six data.

4-H Train-the-Trainer Babysitting Course The 4-H Military Partnership Program is offering a Training course on the 4-H Babysitting Curriculum at the 4-H State Office. **September 25, 10:30am-3:30pm** The Babysitting Curriculum is designed to help middle school and teenaged youth to learn what it takes to be responsible, caring, trustworthy, competent, capable and safe babysitters. This course can be beneficial in training youth in your 4-H clubs and military afterschool sites. The training is open to all 4-H Staff, 4-H Volunteers, and Military and Community Partner Agency personnel. You will receive a Babysitter's Tool Bag, an Instructor's Guide and Student Handbook. For more information, contact Sylena Wise smwise@ucdavis.edu or 530-752-8585.

The Afterschool Alliance is extending an invitation to everyone interested in supporting the positive work and impact of afterschool programs for our youth. This is the **10th annual Lights On Afterschool event**, planned for **October 22, 2009**. When registering you will receive posters, events tips and helpful information to make this day a success for your afterschool program. You may visit: <http://www.afterschoolalliance.org/loaHostEvent.cfm> to register today.

The **2010 National 4-H Conference** will be held **March 20-27, 2010** at the National 4-H Center in Chevy Chase, MD. The National 4-H Conference is the Secretary of Agriculture's premier youth development opportunity to engage youth in developing recommendations for the 4-H Youth Development Program. 4-H members, volunteers and staff may apply to join the California delegation by **September 30, 2009**. More information is available at <http://www.ca4h.org/conference/n4hc/index.asp>.

Liz Dawley
Program Rep.

Mike Murray
County Director

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